

## **How Well Do You Know Your Partner?**

**Learn more about your partner and improve your relationship.**

One of the most important features of successful couple relationships is the quality of the friendship. How well do you know your partner? Take the quiz below and find out.

1. I can name my partner's best friends.

yes  no

2. I know what stresses my partner is currently facing.

yes  no

3. I know the names of some of the people who have been irritating my partner lately.

yes  no

4. I can tell you some of my partner's life dreams.

yes  no

5. I can tell you about my partner's basic philosophy of life.

yes  no

6. I can list the relatives my partner likes the least.

yes  no

7. I feel that my partner knows me pretty well.

yes  no

8. When we are apart, I often think fondly of my partner.

yes  no

9. I often touch or kiss my partner affectionately.

yes  no

10. My partner really respects me.

yes  no

11. There is fire and passion in this relationship.

yes  no

12. Romance is definitely still part of our relationship.

yes  no

13. My partner appreciates the things I do in this relationship.

yes  no

14. My partner generally likes my personality.

yes  no

15. Our sex life is mostly satisfying.

yes  no

16. At the end of the day my partner is glad to see me.

yes  no

17. My partner is one of my best friends.

yes  no

18. We just love talking to each other.

yes  no

19. There is lots of give and take (both people have influence) in our discussions.

yes  no

20. My partner listens respectfully, even when we disagree.

yes  no

21. My partner is usually a great help as a problem solver.

yes  no

22. We generally mesh well on basic values and goals in life.

yes  no

**Your score:**

15 or more yes answers: You have a lot of strength in your relationship. Congratulations!

8 to 14: This is a pivotal time in your relationship. There are many strengths you can build upon but there are also some weaknesses that need your attention.

7 or fewer: Your relationship may be in serious trouble. If this concerns you, you probably still value the relationship enough to try to get help.